

Cigna latest insurer to drop ACA markets

The insurance giant said it wants to pivot from its small ACA business to more profitable business segments.

By: Robert King | 04/30/2026 02:51 PM EDT

Insurance giant Cigna is pulling out of the Affordable Care Act's insurance markets next year.

The insurer announced its decision during its earnings call on Thursday for the fourth quarter of 2025. It comes as signups on the ACA exchanges for 2026 coverage have declined by more than 1 million people compared to 2025 after Congress let the enhanced subsidies expire.

"We did not make this decision lightly and appreciate the importance of ensuring patients have continuity through the transition," said Chief Operating Officer Brian Evanko, who becomes CEO of Cigna in July, succeeding longtime CEO David Cordani.

Cigna is a smaller player on the ACA exchanges, insuring about 369,000 people in 11 states out of the more than 20 million who are enrolled this year.

Evanko said that the insurer left the exchanges because Cigna did not "see a clear path to scale this business." He added that its ACA business that has been shrinking and pulling back will allow Cigna to focus on other parts of its business, such as employer plans and pharmacy benefit management.

The decision illustrates growing concerns among insurers over the stability of the exchanges, especially as insurers grapple with higher health costs.

Aetna announced last May it would pull out of the ACA markets for 2026, leaving one million people to pick another insurer.

The insurers [said at the time it was](#) pulling out to focus on other, more successful, parts of the business such as Medicare and commercial insurance.