



Join the Accountable Food Is Medicine Alliance

A close-up photograph of a person's hand reaching into a green metal produce bin filled with fresh vegetables. The hand is wearing a light blue denim jacket over a white long-sleeved shirt. The background is softly blurred, showing other produce bins and the bright lighting of a grocery store.

About the Alliance

A national Coalition dedicated to integrating Accountable Food Is Medicine (AFIM) into the nation's health care systems.

Our mission is to prevent and reverse chronic disease by making food-based, outcomes-driven nutrition a clinical intervention reimbursable by Medicare, Medicaid and Commercial payers.



Why AFIM, Why Now

- 90% of all health care costs (\$5 **trillion** in 2024) are tied to chronic diseases.
- 60% of Americans have at least one chronic disease. 42% have two or more. 90% aged 65+ have at least one. The incidence rate grows every year.
- Evidence-based analyses of FIM interventions continue to show results in reversing and preventing chronic disease.



The Science and the Outcomes are Compelling

Dozens of studies, reports and demonstrations confirm the medical efficacy of Food Is Medicine.

Chen AMH, Draime JA, Berman S, Gardner J, Krauss Z, Martinez J. Food as medicine? Exploring the impact of providing healthy foods on adherence and clinical and economic outcomes. *Explor Res Clin Soc Pharm.* 2022;5:100129. Published 2022 Mar 18. https://pmc.ncbi.nlm.nih.gov/articles/PMC9032066/?utm_source=chatgpt.com#bb0010

Steiber, A., Handu, D., Mantinan, K., & Hagedorn-Hatfield, R. (2025). *Academy of Nutrition and Dietetics' Food as Medicine Strategic Roadmap. Journal of the Academy of Nutrition and Dietetics.* [https://www.jandonline.org/article/S2212-2672\(25\)00497-6/fulltext](https://www.jandonline.org/article/S2212-2672(25)00497-6/fulltext)

Wang, L., Cudhea, F., Deng, S., Zhang, F. F., Wong, J. B., Kim, D. D., & Mozaffarian, D. (2025). Health and economic impact and cost-effectiveness of produce prescriptions for diabetes in 50 U.S. states: A microsimulation study. *Diabetes Care*, 48(10), 1783–1793. <https://pubmed.ncbi.nlm.nih.gov/40767914/>

Begley, A., Fisher, I., Butcher, L., Foulkes-Taylor, F., Giglia, R., & Dhaliwal, S. S. (2023). Determining the effectiveness of an adult food literacy program using a matched control group. *Journal of Nutrition Education and Behavior*, 55(9), 659–666. <https://pubmed.ncbi.nlm.nih.gov/37516955/>

Wang L, Cudhea F, Deng S, et al. Health and Economic Impact and Cost-effectiveness of Produce Prescriptions for Diabetes in 50 U.S. States: A Microsimulation Study. *Diabetes Care.* 2025. <https://pubmed.ncbi.nlm.nih.gov/40767914/>



Rationale for the Alliance

Food Is Medicine programs continue to have momentum, but they are not sustainable.

Accountable FIM Alliance:

1. Unifies government & insurance efforts
2. Sets standards for accountability
3. Supports sustainable scale
4. Advances federal, state policies

The AFIM Model

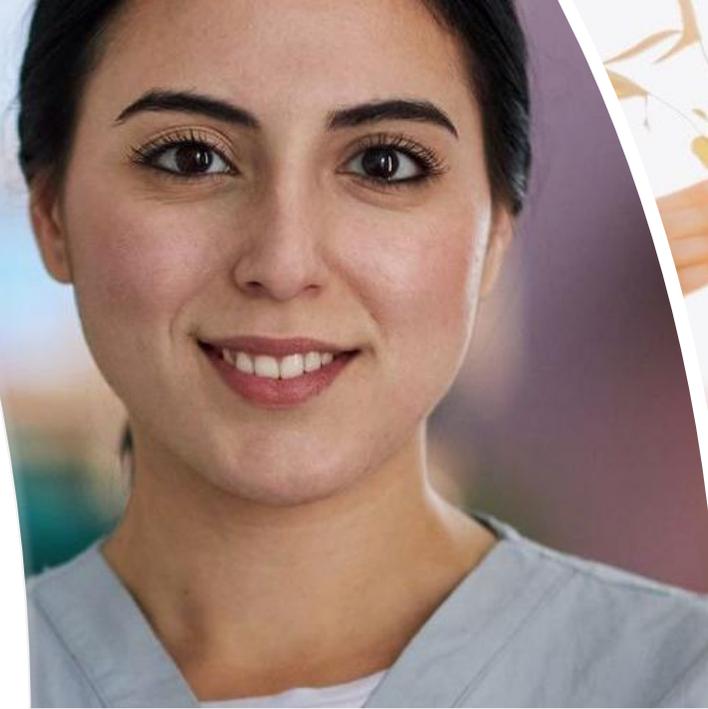
- AFIM holds patients, providers, farmers, and payers ***accountable***.
- It integrates clinical care, nutrition education, local food sourcing, and measurable outcomes.



Our Pillars of Action

Driving the transformation of food and health systems through:

- Advocacy
- Policy Development
- Member Engagement



Year 1 Goals (2026)

Launch

- Launch governance and membership

Lead

- Lead advocacy efforts

Educate

- Educate Congress, Administration on AFIM

Build

- Build evidence for sustainable, accountable Food Is Medicine models

Federal AFIM Legislation

The Accountable Food Is Medicine Demonstration Act

- Bipartisan House & Senate bill
- Requires at least 5 CMMI AFIM demonstrations
- Requires a payment for bundled services
- Focused on outcomes - reversing, preventing top chronic diseases
- Emphasizes local, regen ag sourcing
- Accountability at all levels

Introduction Expected in January 2026





Membership

The Alliance convenes health systems, ag and food companies, payers, employers, universities, and community organizations committed to fighting chronic disease and lowering the cost of care through AFIM.

The Alliance is dues supported.

Alliance Structure

- Unincorporated Coalition
- Monthly Member Meetings
 - ✓ Periodic D.C. Fly-Ins
 - ✓ Zoom calls with Congress, Administration
 - ✓ AFIM educational sessions in House, Senate
- Dues: \$7,500/yr.
- No Membership Cap



Join the AFIM Alliance



Be part of the movement redefining healthcare through Accountable FIM.

- Collaborate.
- Advocate.
- Improve Health.
- Lower Costs.
- Advance Federal Policy.



For partnership and membership information,
contact us:

Join Today

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