

UnitedHealth to Buy Medical Group in Sign Optum's Still Growing

By John Tozzi | October 9, 2025 2:14PM ET

UnitedHealth Group Inc. plans to acquire a 45-doctor medical practice in Massachusetts in a sign that its Optum division will keep adding doctors despite turmoil in the business.

The company's Atrius Health affiliate has agreed to buy a Boston-area primary care group called Acton Medical Associates, PC, according to a notice posted by a Massachusetts regulator.

The deal shows UnitedHealth continues to expand its reach in primary care and physician groups even as that part of its business has struggled. Physician groups are part of its sprawling Optum Health business, where executives said earnings were \$6.6 billion below expectations in a July call with analysts.

Optum Health has acquired a string of previously independent practices large and small over the last decade. It had been UnitedHealth's fastest growing source of profit until this year.

The company previously bought Atrius Health, a practice now with more than 700 providers and 749,000 patients in the Boston area. Atrius Health's website says it's "part of Optum," though the doctors technically work for a separate entity, with Optum providing administrative services to the group, according to the regulatory notice.

The terms of the transaction were not disclosed. Representatives for UnitedHealth and Acton Medical Associates didn't immediately respond to requests for comment.