

# ESTABLISHING THE PRESIDENT'S MAKE AMERICA HEALTHY AGAIN COMMISSION

The White House | February 13, 2025

## Key provisions in the Executive Order ([click here](#) for the EO):

### It is focused on fighting chronic disease in children.

In 2022, an estimated 30 million children (40.7 percent) had at least one health condition, such as allergies, asthma, or an autoimmune disease.

To fully address the growing health crisis in America, we must re-direct our national focus, in the public and private sectors, toward understanding and drastically lowering chronic disease rates and ending childhood chronic disease.

### Four policy provisions were outlined:

1. all federally funded health research should empower Americans through transparency and open-source data, and should avoid or eliminate conflicts of interest that skew outcomes and perpetuate distrust;
2. the National Institutes of Health and other health-related research funded by the Federal Government should prioritize gold-standard research on the root causes of why Americans are getting sick;
3. agencies shall work with farmers to ensure that United States food is the healthiest, most abundant, and most affordable in the world; and
4. agencies shall ensure the availability of expanded treatment options and the flexibility for health insurance coverage to provide benefits that support beneficial lifestyle changes and disease prevention.

### The EO established a government agency-led MAHA Commission.

At least 15 government officials are specifically identified as Commission members with the HHS Secretary as Chair and the Assistant to the President for Domestic Policy as Executive Director. The Commission will advise the President on how to tackle the chronic disease crisis. At least these three actions are required:

1. Study the scope of the childhood chronic disease crisis and any potential contributing causes, including the American diet, absorption of toxic material, medical treatments, lifestyle, environmental factors, Government policies, food production techniques, electromagnetic radiation, and corporate influence or cronyism;
2. Advise and assist the President on informing the American people regarding the childhood chronic disease crisis, using transparent and clear facts; and
3. Provide to the President government-wide recommendations on policy and strategy related to addressing the identified contributing causes of and ending the childhood chronic disease crisis.

**The Commission must make an assessment by the end of May 2025. The assessment must include:**

1. Identify and describe childhood chronic disease in America compared to other countries;
2. Assess the threat that potential over-utilization of medication, certain food ingredients, certain chemicals, and certain other exposures pose to children with respect to chronic inflammation or other established mechanisms of disease, using rigorous and transparent data, including international comparisons;
3. Assess the prevalence of and threat posed by the prescription of selective serotonin reuptake inhibitors, antipsychotics, mood stabilizers, stimulants, and weight-loss drugs;
4. Identify and report on best practices for preventing childhood health issues, including through proper nutrition and the promotion of healthy lifestyles;
5. Evaluate the effectiveness of existing educational programs with regard to nutrition, physical activity, and mental health for children;
6. Identify and evaluate existing Federal programs and funding intended to prevent and treat childhood health issues for their scope and effectiveness;
7. Ensure transparency of all current data and unpublished analyses related to the childhood chronic disease crisis, consistent with applicable law;
8. Evaluate the effectiveness of current Federal Government childhood health data and metrics, including those from the Federal Interagency Forum on Child and Family Statistics and the National Survey of Children's Health;
9. Restore the integrity of science, including by eliminating undue industry influence, releasing findings and underlying data to the maximum extent permitted under applicable law, and increasing methodological rigor; and
10. Establish a framework for transparency and ethics review in industry-funded projects.

**Within 180 days of the EO (approximately August 13, 2025), the Commission will submit to the President a Make Our Children Healthy Again strategy, based on the finding above.**

- The Chair may hold public hearings, meetings, roundtables, and similar events, as appropriate, and may receive expert input from leaders in public health and Government accountability.