



Fight4Health

A New Initiative to End Chronic and Mental Health Diseases and Lower the Cost of Health Care

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The Tide Is Turning!

Washington's anti-hospital groups, funded by three billionaire organizations (Arnold Ventures, PatientRightsAdvocate, West Health) are losing traction. Because of significant efforts from our firm and the hospital community, they were unsuccessful at getting their agenda passed this Congress. No site neutral, no increase in price transparency penalties, no elimination of facility fees, no new tax-exempt requirements, no merger and acquisition restrictions. They will continue to try next year, so we must remain vigilant

The billionaire groups painted hospitals as the bad guy responsible for increased health care costs. But they ignored the real cost drivers.

Chronic diseases and mental health conditions are the true health care cost drivers.

According to the CDC, 90 percent of the nation's \$4.5 trillion in annual health care expenditures are for people with chronic and mental health conditions. Interventions to prevent and manage these diseases can have significant [health and economic benefits](#).

There is a [growing bipartisan interest](#) on Capitol Hill in improving the health and wellness of communities across the country. The new Trump Administration health care team is making chronic disease their signature issue.

Our firm has been meeting with Congressional offices to explain the challenges health systems face in managing the costs of care with a growing patient population suffering from chronic conditions. We recently hosted two webinars involving many of our clients and key congressional staff detailing efforts to address chronic conditions, lower costs and improve community health. As a result of this work, we have been asked by key Congressional Committees to help find policy solutions to address the prevention and treatment of chronic diseases.

Let's Fight4Health and change the negative narrative by tackling the real cost drivers.

Hospitals, health systems and other organizations have been working for years to fight for health

by sponsoring programs in rural, urban and suburban settings, focused on ending chronic diseases and mental health conditions. Using 340B, tax-exempt funding, grants and philanthropy, hospitals have had to stretch limited resources to fight chronic and mental health diseases. The nation's health care payment system has been focused on highly specialized acute care rather than on keeping Americans healthy and avoiding high-cost treatments in the first place.

Fight4Health

We are organizing a new Coalition for hospitals and others fighting chronic diseases and mental health conditions. Fight4Health will:

1. Demonstrate a commitment to ending chronic diseases and mental health conditions by giving its members multiple opportunities to showcase their activities.
2. Recommend legislative and regulatory changes to facilitate prevention and wellness.
3. Identify how proposed changes would lower the overall cost of health care.
4. Seek changes to government reimbursement programs.
5. Advocate for federal and state policies that align with these goals.

Join Fight4Health (no cost to SHC clients)

Simply email me if you want to join the Coalition. If you would like to have further discussion before signing up, let me know and we can schedule a call. We will also be inviting other health systems and other health care organizations to join, but there is a fee required for non-clients.

The 2025 Action Plan, outlined on the next page, details Coalition member engagement in Washington, D.C.

Thank you!

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